

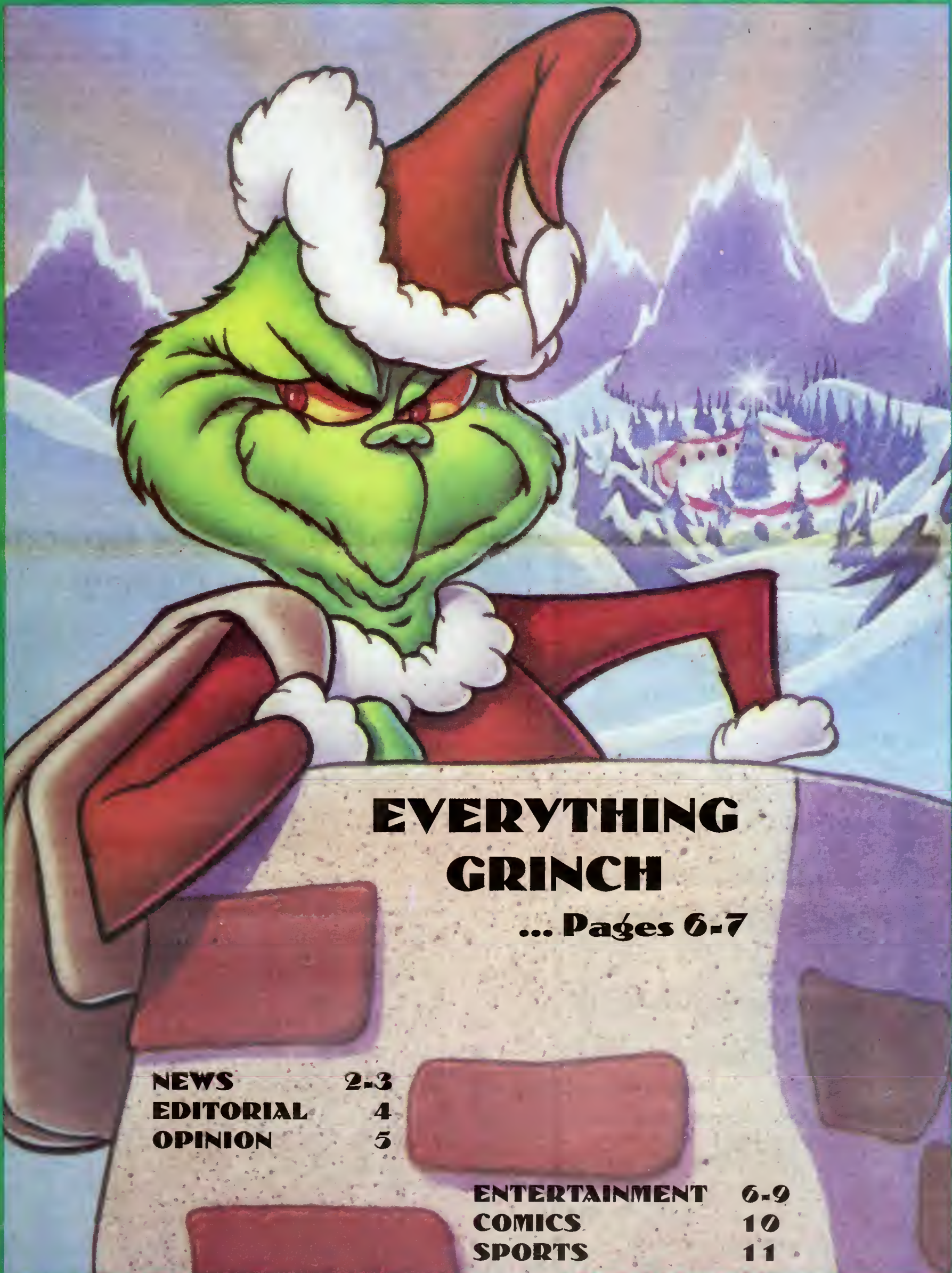
LAMBDA

Laurentian University's Bilingual Student Newspaper
Le journal étudiant bilingue de l'Université Laurentienne
Volume 39 Issue 11 / Numéro 11

LAMBDA.PUB@HOTMAIL.COM

Did you ever see the faces of the children, they get so excited.
Waking up on Christmas morning hours before the winter suns ignited.
They believe in dreams and all they mean, including heaven's generosity,
Creeping around the doors to see what puzzles are in store in curiosity.
- The Who's 'Tommy'

HAPPY HOLIDAYS FROM LAMBDA



EVERYTHING GRINCH

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FEASTING ON WHO-PUDDING AND RARE ROAST-BEAST, SINCE 1961, YES, THAT YEAR AT LEAST!

The Millennium Scholarships, The Sequel

by Mat Thompson
Editor in Chief

Many students at, not only Laurentian University, but across Canada received their confirmation letters from the government, once again, letting students know if they are a recipient of a Millennium Scholarship. For some, the Millennium Scholarship comes as a surprise, and for some, it is yet another year of questions and confusion.

For those living under a rock (or first year students), the Millennium Scholarship is a \$3000.00 scholarship set up by the Canadian government that is given to students who show the most financial need and debt load. Every province hands out these scholarships, but our own province of Ontario has the most with 35,000 awards.

Many people wonder what the big fuss is about as a \$3000.00 scholarship sounds like a great deal to anyone; but there are a few catches. The Millennium Scholarship is actually a way for a student to achieve a

debt reduction on their OSAP immediately instead of receiving some form of 'debt forgiveness' in the future.

Last year, the Ontario government decided to take all the Millennium Scholarships and, instead of sending them to the students who were to receive them, the students received a letter stating that the scholarship was being sent directly to their financial institution as an early OSAP repayment. Most students, especially those here at Laurentian University, were outraged as the scholarship became a government tool instead of extra money for a student who has shown the financial need.

This year, the government has changed the dispersment of the scholarships but nothing has really

changed. If you are going to receive a Millennium Scholarship this year, instead of your money going to an OSAP repayment, you will actually receive a \$3000 cheque... with one catch. Because you are receiving a cheque for three thousand dollars, the Ontario government has reassessed all 35,000 students' student loans and has deducted exactly three thousand dollars from their second-term allotment.

This came as quite a surprise as many students received forms from OSAP, or found out on-line that they were being deducted \$3000 from their current year's OSAP. Many students (including a current Lambda staff member) were panicked.

"They never told me I was getting a Millennium Scholarship," one student claimed. "For all I knew I wasn't going to be able to afford to come to school next semester. They should have waited until we knew we were receiving the scholarships before telling us we were getting less OSAP!"

Many students will be happy

receiving a three-thousand-dollar cheque from the government in January, but there is always a catch. Since your OSAP has been reduced, you will have to pay your tuition from that three thousand dollars. If you are receiving more than the three thousand from OSAP, then you will receive the other small portion, but at some point most of it will go back to the school.

According to the Laurentian University Student Awards Office, the cheques will be available for the students as of January 5th, 2001 and the students can come in and, as they stated "sign the Millennium cheques over to the school." They will then "issue the student a refund for the portion not used for tuition." That sounds all and good in theory, but most students should know that they DO NOT have to sign the cheque over to the school, the best route to take is to cash the cheque, then come back and pay your tuition. Although Laurentian is trying to make things easier for students, most students will have rent and other expenses due

upon returning to school second semester and so not have time to wait for a refund cheque to be mailed out from the school.

One plus, as it pertains to the Millennium Scholarships this year, is that when tax time rolls around, the students will not be taxed on the scholarship as they were the previous year. Although the taxation of last year's scholarships has not come around yet, many students may be left wondering why they accepted them in the first place.

Over the next month, there will be many different opinions surfacing about the Millennium Scholarships. Many will try to convince students to give back their scholarships as they had last year. The university and government will try and convince you that this is the best thing for a student to accept and there are no strings attached. Basically, the Millennium Scholarship will become a major pawn in the political pushing and shoving match that has become a mainstay between students and administration/big government. The best thing to do is to look closely at what you have, get as much information as you can about your scholarship and decide for yourself. No matter what, this is three thousand dollars you won't be repaying when you are done school.

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Laurentian Soccer Coach's Job Not in Danger

by Jason Stevenson
Acting Sports Editor

In last week's Lambda, I printed an article in which I insinuated that Carlo Castrechino's position as Men's Soccer coach may be in danger. I also wrote that Steven Spano was permitted to play after suffering a grade-three concussion. This prompted great concern from the new Chair of Laurentian Athletics, Mark Hazlett. Hazlett vigorously attempted to contact both my editor and me, to point out what he felt were glaring mistakes in the "facts" of the article.

According to Hazlett, "Coach Castrechino's post as Men's Soccer coach is not in jeopardy." Hazlett also stated "there is no concussion scandal" and "dismissal has never been a solution." It is on this basis I retract my statement that Castrechino's position may be in jeopardy.

A "solution" though, would tend to imply a problem. Hazlett did verify that Steve Spano suffered a grade-two concussion, or moderate concussion, less severe than the grade three concussion that was originally reported. However, Hazlett verified that Spano did indeed play with a concussion, and stated that "Spano chose to play."

Hazlett also pointed out that the dates published in the original article were incorrect. I reported that Spano suffered a concussion in the November 5, OUA championship

game, and was allowed to play in the November 9, opening game of the CIAU finals, a mere 4 days after suffering a concussion; I was mistaken. According to Hazlett, Spano suffered the concussion in the final game of the regular season, an October 24 game against York. On October 28 Laurentian played Queen's University in a playoff game, with Spano in net, a mere four days later. Spano won player-of-the-game honours for Laurentian, and "was absolutely fantastic in net, and kept the game and a future playoff berth for the Golden Gaels out of reach" according to Jaqueline Dorroch, sports information director.

Spano's concussion may not have been a factor in the CIAU's as originally reported, but nonetheless, he was still allowed to play a mere four days after suffering the injury. I apologize for the mistakes in the original sequence of dates.

According to Hazlett, he did meet with Castrechino over the incident, but remains adamant that there "is no concussion scandal" and that "Carlo is not on the chopping block." However, Hazlett reportedly sent a memo to each athletic coach at Laurentian, stating to the effect that any player that has been deemed unfit to play by medical personnel, shall not be permitted to play. This occurred immediately after the Spano incident; in which "Spano choose to play" against the expressed orders of medical personnel. Whether Castrechino was aware of this or not, or whether it

was his place to prevent Spano from playing, is a matter of specific policy and to certain extent opinion.

In the absence of a specific protocol at Laurentian, and the statement by Hazlett that "Spano choose to play," one can assume that Castrechino operated on the presumption that Spano knew his own body well enough to determine whether he should play or not, a common practice of coaches in all sports.

Hazlett did admit "that a mistake was made.... and that we've learned from this..." and pointed out that the University of Toronto is the only school in the CIAU, which presently has a written policy on the protocol coaches, and staff must follow when dealing with an athlete that has suffered a concussion. Hazlett informed me that he is receiving this policy, and he will revise it to accurately reflect the needs of Laurentian University, and will install a specific written protocol.

In the absence of specific policy, the question of liability in cases such as these must inevitably arise. Where does the burden of choice lay? Do players have the objectivity to make decisions about their own health, as Spano apparently did in this case? Do we permit coaches to override the decisions of medical personnel, or does administration have the final decision? In this case, according to Hazlett, it was the players decision to play even though he had been told by various medical personnel not to.

Special Journal Publication to Focus on HIV/AIDS and Aboriginals in Canada

LU Press Release

On Friday, December 1, Laurentian University's Native Human Services Program celebrated the launch of a special national edition of *The Native Social Work Journal* dedicated to HIV/AIDS issues within Aboriginal populations. This public launch was held in the University of Sudbury's Canisius Hall as part of the Aboriginal AIDS Awareness Day activities organized across the country by the Canadian Aboriginal AIDS Network. The theme for the day was "Uniting Our Communities." Similar announcements were held in several regional sites across the country.

This special edition of *The Native Social Work Journal* is the first academic journal in Canada dedicated to issues concerning HIV/AIDS and Aboriginal populations. Prof. Schuyler Webster, editor of *The Native Social Work Journal* and professor in the Native Human Services Program at Laurentian University, describes this special edition of *The Journal* as a forum that united researchers and community-based profes-

sionals. Funding for *The Journal* was obtained from Health Canada.

Its content is varied and features several Aboriginal community-based projects currently underway which seek to decrease the number of Aboriginal peoples with HIV/AIDS. By documenting current research investigations along with several successful community intervention projects in areas of care, treatment, and support, the authors hope to convey this information to First Nations communities, Aboriginal health and social service organizations, universities, colleges, as well as federal, provincial and regional governments.

"This special edition of *The Journal* is extremely important because it examines an issue in society where there is very little literature or information," explained Prof. Webster. "Aboriginal populations do not have the same level of resources available to combat AIDS at the education, prevention and treatment levels in comparison to what is available to the general Canadian population. As a result, there exists a health care

crisis in the incidence of HIV/AIDS among Canadian Aboriginals."

The publication of this journal seeks to increase awareness and knowledge among both the Aboriginal and Canadian population on this major health and social issue. A total of 1,500 copies of the special edition will be distributed across the country to various First Nations, Inuit and Metis organizations and agencies.

In addition to the book launch, a panel discussion on HIV/AIDS was to be held with local, regional, and provincial prevention specialists, researchers, health care providers, and Aboriginal Persons Living with HIV/AIDS. This event was jointly sponsored by the Laurentian University Native Education Council, LU's Native Human Services Program, Shwagamik-Kwe Health Centre, Access AIDS Committee Sudbury, and the Chief's of Ontario HIV/AIDS Prevention Project.

The special edition of *The Native Social Work Journal* will be distributed through the National AIDS Clearinghouse, Ottawa.

Look Up, Look Around, But Do Not Look Away!!

The t-shirts that hang over the heads of those who walk the Bowling Alley are symbols of where our society stands. On these t-shirts are messages of women who are speaking out about the many injustices against women. It took a great deal of strength and courage to speak out and it will take strength and courage from you to look at the t-shirts and feel what these women felt.

You may decide to walk by without looking or maybe you will take an alternate route and that is fine. But, you must question why? how do these silent shirts harm you? Why are you uncomfortable? Why are you looking away? Please, have the courage to look and feel.

Recognize that the pain of women who have suffered. Feel the oppression. Realize that it can stop but only with the help of all. Remember the 14 girls who died senselessly 11 years ago in the Montreal Massacre. They were shot down because they were women and they dared to make a difference by making something of themselves. Question why it happened there or why it happens anywhere. Question how it happens everyday behind the doors of private homes, in the workplace and at the school you attend. Violence against women is not something that happens once every 11 years in a place far, far away. It happens right outside your door and sometimes inside your home.

Come out and pay respects to women who made the shirts, to the women the t-shirts are made for and to all women. By letting these t-shirts touch your heart, you are taking part in a movement that hopes to stop the injustices against women.

Thank you to all who have supported this event. Special thanks to the South End Canadian Tire for donating 60 feet of rope and all the L.U. Women Centre volunteers for making posters and helping to organize the project.

For further information, contact L.U. Women's Centre
L-221 R.D. Parker Building
675-1151 ext.1089

Sudbury '99 Mining and the Environment Conference Donates Funds to Laurentian University

LU Press Release

On Thursday, November 30, members of the institutions that organized the Sudbury '99 Mining and the Environment Conference gathered in Laurentian University's Governors' Lounge to make a substantial donation from its proceeds. This international conference, which was held in Sudbury in September 1999, attracted more than 400 experts from 12 countries.

The highlight of this ceremony was the presentation of a \$58,900 cheque to Laurentian University President Dr. Jean Watters by Dr. Douglas Goldsack, in support of research at the undergraduate level at Laurentian University. In addition to providing the endowment for a significant research fellowship, the conference proceeds will provide \$5,000 to help set up an Environmental Network, similar to the World Rock Boring Association, and \$25,000 in

seed money for a third environmental conference, Sudbury 2003.

According to Dr. Doug Goldsack, Chair of the Sudbury '99 Mining and the Environment Conference and Executive Director of Laurentian University's Centre in Mining and Mining Environment Research, "The committee is delighted with the success of the conference. We hope the new research fellowship will attract some of the very best students to pursue research work in such fields as acid mine drainage control, revegetation, watershed and lake recovery and mine decommissioning."

"Sudbury '99 was a huge success," said Chris Hamblin of the Ministry of Northern Development and Mines. "More than 400 delegates and speakers converged on Sudbury from across the globe for an exchange of expertise. This conference demonstrated once again that Sudbury is

one of the major centres of the Canadian mining industry, where the challenges of environmentally sound mining practices, including mine site rehabilitation, are being met."

The organizing committee of this international conference consisted of representatives from numerous institutions such as Laurentian University, Inco, Falconbridge, the Sudbury Regional Development Corporation, the Ontario Ministry of Northern Development and Mines, Natural Resources Canada (CANMET), Knight Piesold, and Bassett Environmental Management Systems.

The new Sudbury '99 Mining and the Environment Summer Research Fellowship will be initially valued at \$2,000 to help support an undergraduate student in a unique approach to problem solving in the mining environment area.

New Cabinet Must Include a Minister of Education

Canadian Federation of Students

Prime Minister Jean Chrétien is expected to announce a new cabinet this week. The new federal cabinet should include a Minister of Post-secondary Education and Research to coordinate education programs currently housed in different departments, says the Canadian Federation of Students.

"Our universities and colleges need government to work in the most efficient way. That can't happen when federal educational policies, drafted in different departments, send mixed messages," said Michael Conlon, National Chairperson of the Federation.

Currently, the university Hu-

man Resources Department is charged with the Canada Student Loan Program, Employment Insurance training at colleges, and student summer employment programs. Research and development, including that granting councils and the Canada Foundation for Innovation, fall within the portfolio of Industry Canada. Finally, the Finance Department is in charge of federal transfer payments to the provinces for post secondary education, health care and other social services.

"Education is either a business opportunity, a commodity or a public good, depending on which federal department is talking. It seems like the left hand doesn't know what

the right hand is doing," said Conlon.

Canada is the only member of the Organization for Economic Cooperation and Development (OECD) without a national department of education, and chair of the Standing Committee on Human Resources Development, Peter Adams (Liberal-Peterborough), has taken notice. During the federal election, Adams called for a federal department of education, with its own minister.

"The question of jurisdiction is not in dispute. As in health care, we need a minister to take the lead and coordinate consistent and progressive post-secondary education policies for a university accessible system," said Conlon.

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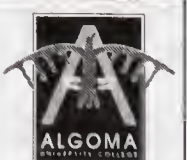
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Lambda circulates 3,300 copies throughout the city of Sudbury and the Laurentian University Campus.

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LAMBDA PUBLICATIONS



Lambda is the weekly student newspaper of, by and for the students of Laurentian University. Lambda is funded through a direct student levy by the members of the Student's General Association, yet remains autonomous from all University organizations, both student and administrative.

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EDITOR'S CORNER...

No Time For An Editorial...

I'M GOING TO FLORIDA AND

I'M NOT COMING BACK!!!

MAT THOMPSON
EDITOR IN CHIEF



SPACE FOR RANT ... Letters to the Editor

An Appology...

On behalf of Lambda Publications we would like to appologize for the confusion caused by the story in the November 30th issue (Vol. 39, Issue 10) titled "Soccer Vees Could Lose Coach Castrechino." Many people believed from the title that Coach Castrechino was being let go from his position, which is not true. The story brought forward a problem that could have lead to his dismissal if the Sports Department of Laurentian University felt that was the road to take. As the story was written, it was not intended to cause this confusion, or to cause the Coach to believe his job was in jeopardy.

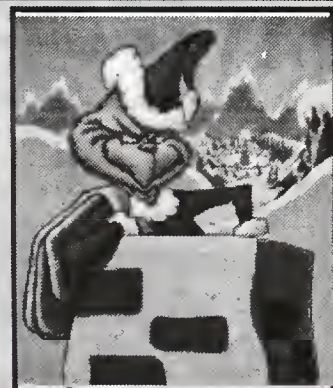
A follow up story appears on Page 2 that should clear up any other confusion. Again, we appologize for any problems the story caused.



Mat Thompson
Editor In Chief

Write to us but remember...

All submissions become the property of Lambda Publications and will thus be subject to editing. Letters submitted must bear the author's full name and telephone number. Names will be withheld upon request. Letters must not be longer than 250 words. Lambda reserves the right to edit for content considered sexist, racist, homophobic, heterosexist or for length.



Volume 39 -
Issue 11 / Numéro 11

Cover Design:
Mat Thompson

Grinch picture used from MGM/UA
Home Video 'Dr Seuss' How the Grinch
Stole Christmas'

Dear Lambda,

I know you guys get a lot of flack for this and that; and that people are always bitching about your finished (and curiously free of charge) product, but I'd like to make a suggestion. Your cd reviewers seem to be people with good taste in music, but the product they review never seems to be any good. I noticed that the newest Radiohead and U2 releases never even got reviewed. This is a pity, as they're both incredible achievements by bands who make terrific, thought-provoking music. I know the reviewers get sent copies of cds by record companies, but still, I'd gladly lend my copies of these cds to be reviewed. Whatever happened to the legendary, stereotypical "University strange taste in music syndrome?" I mean, no offense, but the cds that get reviewed are awfully pop-oriented; crap that you'd hear at the Grand every saturday night...for the next five months. This is all fine and good, but no "serious" music? Come on, how's anyone supposed to take us university folk seriously if we aren't listening to ponderous, confusing, awesomely erratic not to mention AMAZING music? I mean, WE'RE the ones who are supposed to be running the "mainstream." I suggest that maybe we keep the reviews of the silly pop music, great, but let's also review something of SUBSTANCE! God, are we THAT ignorant that we actually think that pop music is the only thing worth listening to out there? I'll bet if someone gave a positive review to bands like American Football, or Joan Of Arc...hey, maybe even to Radiohead, people would take us a LOT more seriously.

Kid B

Editor's Response: Actually, I have been reviewing music for five years now in Lambda and have reviewed more indie music than mainstream. Our reviews this year have covered all aspects of music, but we can't review everything. What we don't have sent to us, we sometimes buy, but I am not going to buy an album just to review it, hence the missing U2 and Radiohead reviews. I would never pay money for a U2 album if my life depended on it, and Radiohead is so mainstream now that they don't even know what the words 'indie' or 'underground' mean. If you actually look at the last few weeks worth of Cd reviews you will find more obscure music than 'mainstream'. Not everyone likes the same music, and we try to remember that in our Cd reviews. Baaa..Baaaa... wait, do I hear sheep?

Lambda

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Fri. at 1:30 pm

Opinion

This University Belongs to the Students 35,000 Lumps of Coal

by Sarah Dean
columnist

It's that time of year again: snow is on the ground, classes are almost done, Christmas wish lists have been respectfully submitted to Mom and Dad, and Millennium Scholarship letters are in the hot little hands of about 35 000 Ontario College and University students. 'Hey, I got one of those,' you may be saying, 'What's the deal this year?'

The deal is this...you're still getting the shaft, it's just not quite as deep this time around. Last year, Millennium Scholarships were handed out to students across the country. Some provinces gave them directly to students, some applied them to a student's debt by handing it to the bank. Some provinces, like ours, embezzled it. In Ontario, the Millennium money, which came with students' names attached to it, was pocketed by the Tories to pay for their own loan forgiveness program. They were kind enough to promise to reinvest it for us, but like a giant, scamming showbiz mother, they've made the \$70 million or so that they saved disappear. In the end, a Millennium scholars debt didn't go down by the \$3000 promised (some didn't go down at all), and some even had to

pay taxes on the award. Students across the province, including here at Laurentian, were so pissed that they refused to accept the scholarships, and the Millennium Scholarship Foundation was forced to work with the province to try and make the whole system more fair to students. If you've received a magical Scholarship letter this year, you'll notice that they failed miserably.

New this year from the MSF and the Ontario government: A hip new ad campaign, a revamped website, and a cheque that comes straight to you! You pick it up with your second semester OSAP. More good news, it's not subject to federal tax! Of course, as Dianne Cunningham so eloquently stated last year, students should not expect to see their debts reduced with this scholarship, so whatever you were expecting from OSAP next semester, take \$3000 away from it, because that's what the Ontario government will be doing. If you were supposed to get \$3500 in OSAP, you'll get a \$3000 bursary and \$500 in OSAP. Yes, it's less to pay back in the end, which is a good thing, but hang on, what happens to the \$3000 in OSAP the Tories aren't lending you? Again, they say they'll reinvest it in

education...doesn't that amount to a huge donation on our behalf to the province? I'd want a say in where that money went if it were me handing it back.

What if you're entitled to less than \$3000 in OSAP? According to the friendly folks at the Millennium Scholarship hotline, you will still get the full \$3000 cheque, you'll just be eligible for less OSAP the next time you apply, just as if you made too much money during the school year or underestimated your summer income. How's that for debt relief? You can't accumulate debt if you're not eligible for a loan! You get some extra cash right now, but you get smacked around the next time you need help.

So, in a nutshell, you get the money handed directly to you this year, you don't pay taxes on it, but you're not any further ahead and the Ontario government is still pocketing a large chunk of the cash to reinvest in education for you. The Millennium Scholarship folks have missed the boat again and wasted another chance to create a national system of grants that would actually help more than 7 per cent of the students in need in this country.

Is Anybody Else Beginning to WONDER?

by Sean Loughheed
contributor

It seems Laurentian University students have been overtaken with a curiosity towards WONDER. The following conclusions to an ongoing investigative report conducted by a joint committee between the SGA/AGE and the Ambassador Program into the WONDER advertising campaign should answer some of the students questions really just what the hell wonder is all about.

The direction of our search began in UC, where with a little persistence, we were able to find a snitch willing to forfeit information regarding WONDER for a mere bag of groceries. It seems, this individual hadn't eaten for days, hoping he could hold out until the rez dinner held this past Sunday in the Great Hall. Sufficeit to say, we objected to his starvation and while chomping back on a large supply of pop tarts, he mumbled these facts that we found pertain a great deal to WONDER.

On the night of Saturday January 27th, the First Annual Winter Wonderland Charity Ball is scheduled to take place in the Great Hall at 8 pm. WONDER began as an attempt to meet the challenge set forth by other universities and join the ranks of those who reach out to the community and hold a substantial fund-raiser for an honourable cause. The charity of choice for WONDER is the Maison "la paix," a local support house for AIDS patients in Sudbury.

After wiping what was left of a litre of eggnog off his chin, our UC snitch turned down his rap music and continued to spill the beans about WONDER. Tickets will be on sale before and after Christmas for \$20 from most residences and academic councils, as well as at the SGA and Ambassador's office. The event itself will be a formal affair, with cocktails, h'ordeurves and a dance to follow. Apparently, a photographer will be on hand as well to capture these lasting moments.

The reason for promoting WONDER prior to Christmas gives the students the opportunity to retrieve those dresses and suits after the holidays. The challenge accepted by the committee is now pointed at the students. Our snitch pleaded with us saying, "We are in a position to make a significant difference for victims stricken by a terrible sickness. Let us not sit idly by and let this opportunity pass."

With this, our snitch closed his door and resumed his habits of watching football while recovering from hangovers. As we walked away, he turned back up his rap music and could be heard shouting "SSR chicks are so hot!"

Further questions or information regarding tickets for this event can be answered at 673-6547. If we get together on this one, we can have a really great time and feel good about it too!

More Leters...

Dear Disgruntled Student,

We are happy to see that you are actively interested in the program (SPAD) offered by the School of Sports Administration. Unfortunately, it seems that you may be misinformed about our program and our students. I will attempt to clarify the unfortunate situation that has caused you to feel a public letter of contempt was necessary.

Our program is designed to mold students into well-rounded sports administrators. A SPAD degree is a Bachelor of Commerce specialized in Sports Administration. This means that many of the items you have listed as SPAD initiatives (Weekend special and Core year) are actually Commerce initiatives.

We receive more than 200 applications per year from students around the country, the US, and abroad. While Laurentian University attracts many local students, 82% of SPAD candidates are from outside the Sudbury area.

Unfortunately for many, the mere desire to graduate in this program and/or work in the field of sports administration does not make the candidate successful. It takes a great combination of several elements, of which excellent grades are a factor, but only one of many. Other essential elements would include great decision-making ability, excellent communication skills, and a mastering of holistic management (from personal to financial). The administration of the program sets the bar very high for students and rightfully so. Their ability to react to the demands of the sports business world allows graduates the opportunity to enter the competitive job market with the right elements necessary to succeed.

Sadly, many of the statistics and facts that you have cited are erroneous. 50% of the students do not drop out in the first or second year of

the program and students are not encouraged to take ethics courses. I also question your accusation of corruption and unethical conduct within the program. In the last four years, I have seen no evidence as such. Further, I am interested to discover where you have obtained the information regarding our exclusive goal of making money. This is also an unfounded smear. Everyone entering the workforce is interested in earning a large salary (aren't you?), however that is not our sole concern.

We encourage you to visit our administration office to meet with some of our professors and students, or consult our website. We are sure that this misunderstanding can be resolved. I'm confident that following more academic type research (rather than gathering your information from a meeting of "disgruntled students" like yourself) you will find that the SPAD program and Laurentian University has a lot to be proud of, which may account for the "Flagship" designation.

As others might have been thinking, similar distressing thoughts

please be aware that such an interpretation would be false. Granted, we have an active sense of pride, but at no time do we attempt to belittle other programs. We believe that there are multitudes of extremely intelligent students throughout the university, as well as within SPAD. Like many of you, we work in a market that is very competitive, which forces us to be very confident in our abilities. We endeavour to be superior to others in our field, not our university. If our actions and/or behaviours have been misinterpreted, we apologize as our intent was only to breed high-grade sports administrators within a tightly knit and cohesive group. Any programs and/or students that would like to comment on this situation are invited to write to me in care of the SPAD office, in hopes that I can address your concern to resolve the confusion.

Thank You,
Sincerely,

Jacqueline Deschenes
President, Sports Administration
Student Council

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Arts & ENTERTAINMENT

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How The Grinch Stole Christmas

by Nick Stewart
Entertainment Editor

Before I go any further, I have to set a disclaimer here and now. If you aren't already aware, I have an incredibly, ridiculously severe bias towards His Lord of Supreme Idiocy, Jim Carrey. I'm a heavily rabid, psychotic fan of the man, so much so that I easily could have written a raving review about this movie without even having seen it. In other words, I probably would've loved this movie either way, so long as Carrey's name was somehow attached to it. You have been warned.

Apart from devouring small, flightless birds and recklessly engaging in capitalistic commercialism, one of the great traditions of Christmas is to watch the animated version of *How The Grinch Stole Christmas*. As much as we can kinda spit upon the crap cartoons that kids are forced to swallow these days, there's just something inherently special about the big green fuzzy guy, something that just stays oh-so-cool and traditional, even into our university years. Of course, it's only natural that people were going to scream bloody murder when they heard that Opie—oh, pardon me, Ron Howard—planned to direct a live-action version of this timeless classic, and it didn't help that Mr. Ass-Talker Jim Carrey was going to star. Three weekends and 150 million dollars later, these critics have had to shut their lousy, no-good traps as the Hyperactive One has shattered box-office records and set a personal high in the usually harsh Christmas movie season. But is it any good?

It would be extremely pointless to try and recite the story behind *The Grinch*, considering the cult status that it's developed over the last thirty years. Die-hard purists will be somewhat upset to find out that while it's been transferred to the silver screen mostly intact, a few changes have been made here and there. Naturally, the main focus of the story remains on that great green fuzzball whose heart is two sizes too small, though a few additional elements have been added in order to stretch the original's 27 minutes into a full hour and a half. As a result, the no-longer-rhyming story now revolves partially around Cindy Lou Who (Taylor Momsen), a cute little seven-year-old Who from Whoville who feels that maybe everyone is focusing too much on the presents and not enough on the spirit of Christmas. It isn't long before her attention becomes focused upon the loneliest soul of them all: *The Grinch*. No longer is he



just a fuzzy green Scrooge; he now has a full-out personality. When he's not busy crank-calling the Whos or sneaking into Whoville to sabotage their bicycles and mail while distributing hacksaws to children ("Now be sure to run real fast with it!"), he's feeding off his endless, psychologically-fueled anger towards the perpetually happy, pug-nosed people of Whoville. We all know where it goes from there: Grinch hates Whos, Grinch gets idea, Grinch steals Christmas.

Now I know what you're thinking. Even with a bit of Grinch pranking and Cindy Lou singing (it's really actually kind of cute, which is hard for me to say about a child), how can Ron Howard possibly stretch the original story into a full and "entertaining" hour and a half? Well, I'm shocked to say that, despite loading on a ton of padding, he's actually pulled it off. Whoville now feels like a mix between *The Wizard of Oz* and *Willy Wonka* (in a good way), and the Grinch's lair resembles a low-grade version of the Batcave. This is important, since the bulk of the movie focuses upon the Grinch and his twisted thoughts, and how his tragic history has affected him to this day. Truth be told, the flashbacks into his past are really the only parts that slightly drag, but it's short enough to avoid losing your attention altogether. And don't worry; the fact that the Grinch now has a psychological profile doesn't detract from the movie's original spirit.

It would, of course, be positively criminal of me (and wholly unloyal to *The Man* himself) to omit any mention of Jim Carrey in this review. Quite simply, this is most probably his single best performance yet. With Jim behind the wheel, the Grinch becomes a light-hearted and

hate-filled mix of every single character he's ever played, from *Ace Ventura* to *The Mask* to *Tony Clifton*. Ordinarily, fanboys like myself sit back and think that while his stuff is great, it doesn't always fit into the character; in the case of the Grinch, however, it just seems natural somehow. He manages to keep the Grinch as the hateful individual that he is, while introducing his own...unique edge. Take a few examples from his day to day life: his answering machine message says "If you so much as utter one syllable, I'll HUNT YOU DOWN AND GUT YOU LIKE A FISH!" He even has a day-planner: "4:00, Wrestle with my self-loathing. 4:30, Stare into the Abyss. 5:00, Have dinner with myself ('I can't cancel that again!'). 9:00, Stare at the ceiling as I begin my slow descent into madness..." If all this sounds pretty out there and decidedly un-Grinch-like, believe me when I say that Carrey manages to carry this maniacal goofiness convincingly.

The bottom line? This is Carrey's movie, through and through. Hate 'im in the slightest bit, and you're going to totally loathe this thing. On the other hand, if you like the guy in any way at all, this is *THE* movie to see this season. It manages to preserve the child-like spirit of the original while bringing a new and slightly dark tilt that even us so-called "adults" will be able to appreciate. It's consistently funny, interesting, and Anthony Hopkins even narrates key points of the film to keep some of the original rhyming magic alive. Will it overtake the original? Never. But those who can tolerate and even enjoy Carrey's brand of humor will find this to be a new classic worthy of our time and attention. (Translation: It Kicks Major Grinch Ass.)



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THE GRINCH

THE CLASSIC CARTOON

by Sarah Hamelin
Asst. Features Editor

The color's a little off, the characters are a little strange looking, but it's the best Christmas Cartoon out there. Who has not seen **How the Grinch Stole Xmas**? If you ask a bunch of people, it actually is surprisingly hard to find one person who has not seen it. But even then, they typically have at least heard of it. The web of the Grinch is a broad, and well spun one.

The release of the movie in theatres will only serve to further propel the fame of this classic tale about a green man who lives on Mount Crumpet alone with his dog Max, and who has a very thorough dislike for the Christmas holiday. Not that he doesn't have reason for

it. The noise, oh the noise! The Whos sing each Christmas, and play with their toys, trumpets and drums for the Who girls and boys. Egads, well you can see how contagious this cartoon can get.

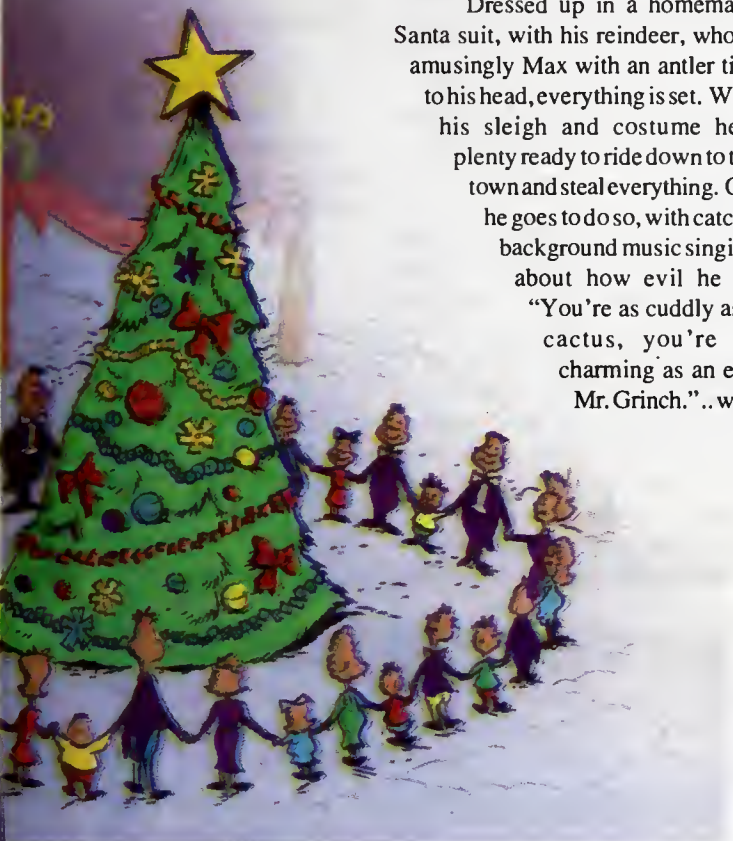
The Grinch is, sufficient to say, not eager for this Christmas any more than the last, or the one before, or the one before that. So he comes up with an evil and diabolical plan in which he will steal Christmas from the Whos, and bring an end to the onslaught of noise, noise, and more noise! To do so, he'll disguise himself as Santa Claus, but instead of giving presents he will take them. Christmas is presents after all, right? Remove the presents, remove Christmas, remove the singing, and all the damned noise.

Dressed up in a homemade Santa suit, with his reindeer, who is amusingly Max with an antler tied to his head, everything is set. With his sleigh and costume he's plenty ready to ride down to the town and steal everything. Off he goes to do so, with catchy background music singing about how evil he is. "You're as cuddly as a cactus, you're as charming as an eel, Mr. Grinch.".. well

you get the point. And he's pulled it all off until he encounters little Cindy-Lou, who is unbelievably cute. She is said to be 'no more than two', but she has to be a very tiny Who considering she's a little larger than a Christmas ball.

So he rides off with all the toys, planning to dump them over the side of the mountain, but naturally he realizes that Xmas is not about the presents at all; that it doesn't come from a store, but is something more. He grasps the true meaning of the holiday, decides to save the toys, and brings the actual meaning of the holidays back to the Whos. Naturally, the story ends happily ever after, and all is well.

Though times have changed, the story has not. Or at least up until this point it has not. Designed for kids, it's definitely a hit, even for adults. Considering how old it is, it's amazing that the concept of it has not become outdated and the show. But instead, it becomes more and more popular. To compliment the cartoon, stores have now started carrying Grinch dolls, with Max dolls available as well. What villain is not complete without his/her sidekick? Not to say that the Grinch is necessarily evil per se, but in terms of this story, he's pretty much the most evil character you're going to find. Of course, like all children's stories, evil turns into good in the end,



He's Not Mean, Just Deliciously Evil

Sarah Hamelin
Asst. Features Editor

I don't know what it is about the holidays, but they're just so uplifting. I'm generally not a festive person, I mean I dislike all holidays to be perfectly honest. All, that is, except for Christmas. It's overcommercialized, it's a huge rush of parties and dinners, I mean the whole 5 day period surrounding the big day is pretty much a blur the following week. But, it's Christmas!

As kids my sister, brother, and myself always had the tradition of watching every Xmas show we could possibly fit in between after school and bedtime. In the later years, we'd actually go to the extent of taping every show we could find on tv and then watch the whole tape on Xmas eve. **How the Grinch Stole Christmas** was, quite naturally, one of our favorites. I remember a few years in which I didn't get to see it, and how it was kind of a downer. Just like presents, to a kid Christmas just isn't Christmas without the Grinch.

To this day I can't figure out what exactly is so addictive about

the cartoon. I mean looking at the facts, it's a 34 year old cartoon about a crabby green man who lives atop a mountain with his dog named Max. For the most part something like this should never have achieved the level of popularity that it did. But, perhaps there is a reason it's not a bore. Perhaps, thought the Features writer, there's something more.

The rhyme! This is the element that made all of Dr. Seuss' work so popular, combined with the fact that he made up characters and items that have the strangest, and yet the funniest names that a child will ever hear. You make a kid laugh, you have their attention. Dr. Seuss knew this, and that's what made the Grinch so popular.

Well whatever it may be, there is never a lacking in audience at Xmas time when it comes to huddling in front of the tv to watch this favorite. Even the videos are hard to get your green little hands on. Walmart actually sells out; I had to go to Zellers to get mine, and even then it was the last copy they had. Heck, even my dog loves the Grinch. I think I might get her a stuffed one for Xmas..

Screw my two front teeth, I

want a Grinch for Xmas. But I wouldn't call him Grinch, I'd name him Bob, or Bill, or Jeremiah Jacob Jones. I mean, you call a kid Grinch, naturally he's going to get ridiculed. Combine that with green skin and a hairy body, you're just asking for a disaster.

But that's the thing, you empathize with the poor guy. All his life he's been the outcast and the subject of ridicule just for being different. It's reflective of how things are today; even as much as the world likes to think that we're not close minded, a lot of people still are. We still cringe from the out of the ordinary, and shy away from things that are different and new. At the start, the movie and show reflect this; call it a microcosm to our macrocosm society. But, towards the end you see the acceptance of the Grinch, and how he becomes just like everyone else, despite his outer appearance.

It gives us an impression that if such boundaries can be overcome, perhaps they can also be overcome in the real world.

THE GRINCH 101

So you think you know the Grinch, eh? Well, try this little quiz and then check your answers with those at the bottom.

1. What is his dog's name?
2. Where does the Grinch live?
3. The Grinch hates all the WHAT WHAT WHAT?
4. What materials did the Grinch use to make his coat & hat?
5. How many times does the Grinch get stuck in the chimney?
6. For how long was the Grinch stuck?
7. Why did the Grinch think he could go down the chimney?
8. The Who Children will dance with what tied to their heels on Christmas day?
9. Who was the only Who who saw the Grinch on Christmas Eve?
10. How much do the Whos like Christmas?
11. While raiding the kitchen, the Grinch took the last can of what?
12. What did the dog do before the Grinch tied him to the front of the sleigh?
13. What did the Grinch use to fasten the horn on the dog's head?
14. Where did the Grinch stop first?
15. How did the Grinch get the idea to dress up as Santa?
16. The Grinch is referred to as a "bad banana" with a what?
17. Where did the Grinch tell the Who he was taking the Christmas tree?
18. What did the Grinch leave on the walls?
19. What was the last thing the Grinch took?
20. After eating their Christmas meal, what do the Whos do that the Grinch hates?
21. How high is the mountain to which the Grinch takes the presents?
22. What did the Grinch do at the Who's Christmas feast?

Scoring:

Give yourself two points for every correct answer. If you're close to the right answer (i.e. you have part of the name right) give yourself one point.

0 - 11 : Damn you suck. Buy the video, go see the movie, live the Grinch!

12 - 21 : Not bad, not good. You're definitely not addicted enough to this show.

22 - 31 : A Grinch in training. Brush up on your info, after all the Grinch is God.

32 - 44: You are the Grinch. Paint yourself green and get nasty, you clearly know enough to pull it off.

Answers:

1. Max.
2. Mount Crumpet
3. Noise noise noise
4. A red curtain and pillow stuffing
5. Only once
6. For a second or two
7. Because if Santa Claus could, the Grinch could too.
8. Belldinglers
9. Cindy-Lou Who
10. Very much
11. Who Hash
12. Hopped onto it
13. Red string
14. The Who house
15. When Max emerged from the snow, he had some stuck to his face resembling a moustache and a beard
16. Greasy black peel
17. To his workshop in the North Pole
18. Hooks and Wire
19. The log for the fire, or the crumb too small for even a mouse, depending if you go by the poem, or movie.
20. Sing
21. 1000 feet
22. He carved the roast beast.



Arts & Entertainment

Vince is Back

MUSIC FOR THE MASSES

REVIEWS BY MAT

Brown Eyed Susans - *Afraid of Heights*

I love being surprised by an independent, unknown band when they send their CD for review. So many CDs come across my desk who are forgotten as fast as I can press the eject button on the CD player, but **Brown Eyed Susans** is one of those CDs I can't stop listening to.

Calgary's **Brown Eyed Susans** have toured extensively to promote their first album, and have now returned with their second CD release *Afraid of Heights*. The CD has a definite retro feeling to it as the band has evolved their sound with original themes and lyrics mixed with a sound that can only be described as LSD-laced Beatles grooves mixed with the Canadian alternative sound popularized by such acts as Sloan and the Gandharvas. I played the track *Suitcase Whore* in The Pub and two people asked me if this was some alternate Beatles track they had never heard.

Brown Eyed Susans' first studio release, *Can You Still Feel*, hit #1 on the US College Radio Charts all the while touring with such acts as **Ginger**, **Age of Electric** and the **Gandharvas**. Two tracks from their current release, *Little Monkey Friend* and *Words on You*, have already been used on the FOX Friday night drama series *Higher Ground* starring Hayden Christensen (Anakin Skywalker, Episode 2).

Their first single *Let's Get Out of L.A.* has already garnered the attention of many radio stations and music publications as well as being their first video soon to be aired on MuchMusic. The song is a great crossover of their retro folk sound with the modern alternative ballad. The band has also received a VideoFACT grant to shoot the video for, what I consider one of the best tracks on the album, *Little Monkey Friend*, a punk laced retro track that really pulls you into the rest of the album.

Brown Eyed Susans are, of course, an independent band so the album may not be as easy to find as the latest Backstreet Bums album. Check the band out on the net at www.browneyedsusans.net or at www.lrecords.com. Hopefully this band will be making a trip through Sudbury in the near future, but in the meantime check out *Afraid of Heights*, you won't be disappointed!



Hugh Panelas
Staff Writer

So the genetic jackhammer made his return this past week in wrestling. I must say that I am quite happy that he has decided to return to what made him famous, wrestling not football. I know that he has been busy getting ready for the XFL, but the WWF hasn't been the same since he has been off tv.

What a way to return. Nothing like getting your ass kicked by HHH in a dark dressing room. I wonder who Stephanie will eventually side with. I know that there has been rumors about a whole pregnant angle with her and Hunter but I really don't think that this will play out. It looks like all of that bad blood between Vince and his top superstars is starting to boil over again. Who knows what could and will come out of this.

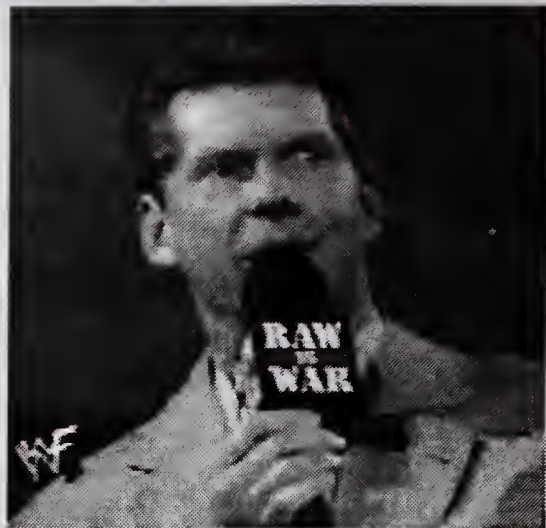
I know over the past few weeks I have been harping on the WWF and about how bad RAW has been sucking but the past weeks edition actually was somewhat entertaining. Finally, they have decided not to start RAW with a 20-minute whine fest by either Angle or HHH. Although the matches weren't of great quality at least there was more than 3 matches per hour. I even enjoyed the Rock's little mock commentary as he impersonated the others that will be in the 6-man Hell in a Cell match at Armageddon. One thing I did realize about the People's Champ was how once again he is reading cue cards or something. If you watch him closely, you'll see that he doesn't always look at the camera. As of late, he has really been slacking off and not knowing his lines.

I was surprised and impressed with how Vince took all of those finishers at the end of RAW. That

says a lot about how much that man cares about his company. They have been running cheap editions of RAW the past few weeks and what a way to boost the ratings then to have the boss get his ass kicked. The one thing that I didn't like at all was how the WWF decided to go cheesy and really define who are the heels and who are the faces. I mean come

on. Vince has always maintained that fans deserve more than the old good guy vs. bad guy but the pulled the chute on that idea on Monday. Don't get me wrong, I loved seeing the Rock bleeding on the ground and how Austin was withering in pain. It's just that I felt cheated as a WWF fan. I know who I want to cheer for and I'm sure that you do as well. I don't need a short television segment pumping up who they want us to cheer for. That brings me to Armageddon.

I can't make up my mind if the 6-man Hell in a Cell match is a good thing or a bad thing. My gut feeling is that it will be a bad match. I can't see how it's going to be visually interesting when there is going to be 6 guys fighting at once. When I watch a Royal Rumble, I can't stand it when there are a lot of guys in the ring at once. There's too much to try and follow. Another thing that bothers me is how someone always takes a huge bump in a Hell in a Cell. If you look at the participants you'll see that the WWF can't afford to lose any of these guys to injury. HHH is still nursing his lower back, Rikishi's



knees are still bothering him, Undertaker is too old to do anything crazy, Rock is too much of a wimp to do what it takes, if Austin does anything too stupid he'll never walk again and I really can't see Kurt Angle taking any major bumps. Put all of this together and you have nothing more than a slow boring match that will be made out to look good as one major event will take place that everyone will talk about for the next year. The only thing good that can come out of this is that since the 6 main eventers are tied up in one match it will give the mid-carders a chance to perform.

All in all, I am not expecting too much from this Pay-Per-View. It has a possibility of being a good one but I am expecting it to fall on its ass. The WWF needs to get their act together soon because their product is falling fast. I have been a long time fan and over the past couple of months I have been disappointed with the product that they have been producing. As much as this pains me to say, WCW is looking pretty damn good right now.

Happy Holidays, see you when I get back.



Rage Against the Machine - *Renegades*

The band that originated the cross-over between heavy metal and rap music has returned with a new album packed full of what can only be described as typical **Rage Against the Machine** music. Maybe it's just me, but the sound is just a little too typical and tired.

Now I'm not trashing on **Rage** as I am a pretty big fan, but this album just seems to be another album that was released just to keep the band in the spotlight. Not too many tracks stand out but *Kick Out the Jams* and *How Could I Just Kill A Man* get an extra boost as they are featured not only in the 12 listed tracks, but the album also features live versions of the songs on unlisted tracks at the end.

The most interesting thing I found was the liner booklet which, instead of containing your typical liner notes, features a very simple yet brilliant quasi-poem that really makes a person stop and think. I won't give it away, but check it out.

Like I stated, the album is really nothing new, just another album for fans to pick up. Not bad, but nothing to really pull in a whole new group of followers.



Delerium - *Poem*

Like I have stated before, some of the coolest shit in the music industry comes out of **Nettwerk Productions** in Vancouver. This small but powerful production company always seems to surprise me with something strange, yet extremely cool. Once again it is **Nettwerk** mainstay **Delerium** that has made me ditch the mainstream and delve into the obscure.

Delerium can be easily defined as Canada's answer to **Enigma**, but more soulful and satisfying. The title for this latest release, *Poem*, is the perfect explanation of what their music is. **Delerium** creates through music the dreamy, ethereal sounds and feelings that can only be captured in a dream world; the type of world created by the great poets of our time.

The album features many guest vocalists which is somewhat new for the group, but it is truly the music that makes the group great. The vocals are an accompaniment rather than a punctuation. *Poem* is available now, and it, along with past releases by **Delerium** are a must have. Check them out!

A Scientific Inquiry Into the Existence of Santa Claus

1) No known species of reindeer can fly, but there are 300,000 species of organisms yet to be classified, and while most of these are insects and germs, this does not completely rule out flying reindeer which only Santa has ever seen.

2) There are 2 billion children (defined as persons under 18) in the world; However, since Santa doesn't appear to handle Muslim, Hindu, Jewish, or Buddhist children, that reduces the workload down to 15% of the original total — 378 million according to the Population Reference Bureau. At an average census rate of 3.5 children per household, that's only 91.8 million homes. One presumes that there is at least one good child in each.

3) Santa has 31 hours of Christmas to work with, thanks to the different time zones and the rotation of the earth, assuming he travels east to west. This works out to 822.6 visits per second. That is to say that for each Christian household with good children, Santa has 1/1000th of a second to park, hop out of the sleigh, jump down the chimney, fill the stockings, distribute the remaining presents under the tree, eat whatever snacks

have been left, get back up the chimney, get back into the sleigh, and move onto the next house. Assuming that each of these 91.8 million stops are evenly distributed around the earth (which we know to be false but will accept for the purpose of these calculations), we are talking about .78 miles per household, a total trip of 75.5 million miles, not counting stops to do what most of us must do at least once every 31 hours, plus eating, etc. This means that Santa's sleigh is moving at 650 miles per second, 3000 times the speed of sound. For purposes of comparison, the fastest man-made vehicle, the Ulysses space probe, moves at a pokey 27.4 miles per second. A conventional reindeer can run 15 miles per hour at the most.

4) The payload on the sleigh adds another interesting element. Assuming that each child gets nothing more than a medium-sized set of Lego building blocks (about two pounds), the sleigh is carrying 321,300 tons, not counting Santa, who is invariably described as overweight. On land, conventional reindeer can pull no more than 300 pounds. Even granting that flying reindeer exist (see point 1), can fly very quickly (see point 2), and can pull ten times the

normal amount, we cannot do the job with eight, or even nine, reindeer. We would need 214,200 reindeer. This increases the payload — not counting the weight of the sleigh — to 353,430 tons. Again, for comparison, this is four times the weight of the Queen Elizabeth 2.

5) 353,000 tons travelling at 650 miles per second creates enormous air resistance. This would heat the reindeer up in the same fashion as a spacecraft re-entering the earth's atmosphere. The lead pair of reindeer would absorb 14.3 quintillion joules of energy. Per second. Each. In short, they would burst into flame almost instantaneously, exposing the reindeer behind them, and creating deafening sonic booms in their wake. The entire reindeer team would be vaporized within .00426 seconds. Santa, meanwhile, would be subjected to forces 17,500 times greater than normal gravity. A 250-pound Santa (which seems slim) would be pinned to the back of his sleigh by 4,315,015 pounds of force.

In conclusion, if Santa ever did deliver presents on Christmas Eve, he's dead now.

Rabid Squirrel Holiday Epidemic

RSUH Colition
Press Release

As the holiday seasons begins to roll into full swing, our regular way of life starts to change. The roads become a lot busier, the malls become a lot crazier, and the words "damn, is it ever cold out" become part of our daily vocabulary. Life takes on a considerably more hectic pace, and as a result everyone starts acting just a little bit crazier as shopping fever takes over. This is all a pretty standard process, right? WRONG! This environment is, in fact, a fertile breeding ground for deception, manipulation and death! What could possibly be the source of this horrendous series of events in a time where merriness is supposed to prevail? One of the most insidious groups to hit society since FlowBee vendors decided to unionize: rabid squirrels.

This group began harmlessly enough, as hordes of regular squirrels were enjoying an end-of-summer drinking binge a few years back. Their antics consisted mainly of harmless stuff: a few cow tipping here, a few prank calls there, but nothing particularly major. Tragedy soon struck, however; the squirrels soon began to enjoy their newfound power, and it went straight to their little malevolent heads. Their perpetual excitement soon spilled over into a constant frothing at the mouth, essentially rendering them into rabid squirrels, the terrifying force that they've now become. Instead of simple prankery, the squirrels have since developed into a force to be reckoned with, as acts such as car theft and calling up people's bosses and telling them off while imitating their em-

ployee's voices becoming the order of the day.

Their reign of terror has hardly ended there, however. Since they've upgraded their status to "rabid," these Terror Squirrels have slowly spread across this great country of ours, seeping into the cracks and crevices of our society. Nobody is safe any longer, as these rabid squirrels have now developed the ability to disguise not only their voices, but their bodies as well, using elaborate systems of chewed-up newspaper and congealed gravy. As a result, they've been able to infiltrate our streets, our malls, our universities, and even worse, our homes! You may have seen them wandering around, walking amongst you, but will you truly be able to recognize them when the time comes? When it really, truly matters?

Even our restaurants have been infiltrated by these Furry Creatures of Ingenuity and Death! Doubtful? Next time you've finished your meal and you're preparing to leave Casey's or Don Cherry's, take a sneak peek over your server's shoulder as they punch your order into their bill machine. Know what you'll see? A picture of a SQUIRREL! That's right, their bill-making machines have been converted into tools of subversion, which the employees of the restaurant use to communicate with their Squirrilitic masters! Hell, the system is even CALLED the Squirrel system! Don't believe me? Be sure to investigate next time you're there...I assure you that your findings will be most terrifying indeed.

If you're worried, you should be. These Evil Fuzzy Incarnations of Doom are taking over, and we need to wake up and smell the squirrel drop-

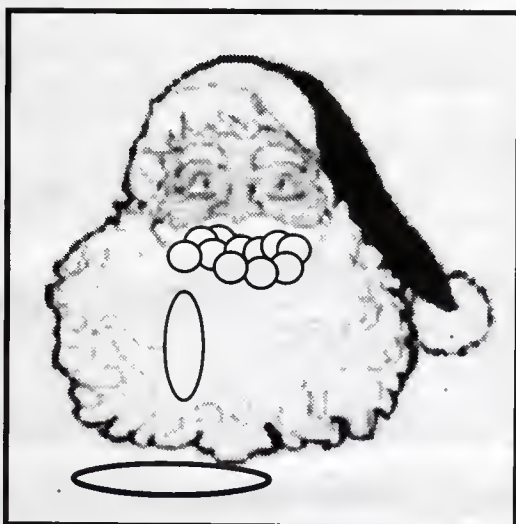
pings. The need becomes even more pressing as we enter the holiday season, as this is the one time of the year that we leave our hearts and homes open to that one jolly old man known as Santa Claus. What you need to ask yourself, however, is this: Is receiving gifts from Santa really worth the risk of having Rabid Squirrels sneak into your home? Absolutely not! Of course, the first step is to be able to discern between the two, should you accidentally bump into one on the street (see the bottom of the page).

There are, of course, other precautions that you should take to squirrel-proof your home in this time of rabid jolliness. First, set bear traps in your chimney. This may not necessarily stop them, but it will certainly slow them down enough to give you time to call the police - unless they shed their suits and decide to kill you, in which case you're screwed anyway. Because this is a very real possibility, it's also suggested that you develop a system of passwords and key phrases with your family, friends and neighbors, such as "A wet dog never flies at night." That way, you'll be able to figure out who's actually who they claim to be, and who's simply an imposter posing as your loved one.

There are countless other ways to determine who's who, and who's a rabid squirrel, all of which are outlined in a carefully constructed booklet, entitled "The Furred Menace: Rabid Squirrels, Death, and You", which is available for \$19.99 at your local grocery store, doctor's office, bait shop, newspaper vendor, university cafeteria and so on. If you're not going to buy it for yourself, buy it for your loved ones...for your country.



This is a Rabid Squirrel



This is a Rabid Squirrel in Christmas Form.

Brought to you by the Coalition of People Who Happen to Think Rabid Squirrels Are Uproariously Funny.

WANTED

Are You Nosy?

Do You Like to Tell People How to Run Their Lives?

Are You Generally Better than Most?

If you answered Yes, No or Maybe to any of these questions, you could be our new Advice Columnist!

Now that the S&M Goddess is tied up, we need someone new to delve into the lives of Laurentian Students

If you are interested, Please email Nick at lambdapub@hotmail.com

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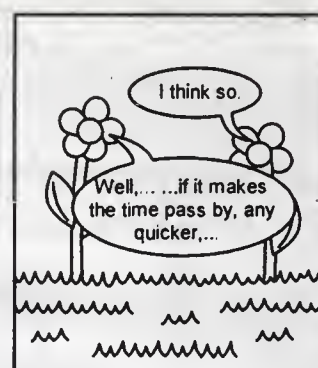
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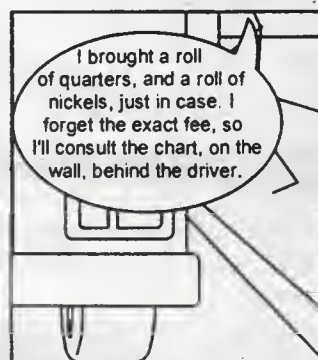
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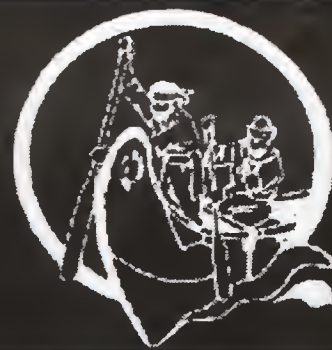
Look at that! The price has gone up! What a rip-off!

The Adventures of Psycho the Dog

by Sabrina "Taz" Sandrin



Lambda Sports



UC HOCKEY 6th/7th Power Their Way to the Finals

by Brian Fraser
staff writer

Sunday night at Countryside was the scene for the semifinals for UC Hockey. The first place team from 6th/7th played 8th/9th, who were ranked fourth in the five team league. This was setting up to be a great battle between 2 of the league's top players, Yorrick Tong from 8th/9th and Webster from 6th/7th, although neither would play big roles in the game.

The first period started off with 6th/7th completely outplaying 8th/9th letting loose a barrage of shots on goaltender Fred Durst, from Limp Bizkit. Then somehow 8th/9th managed to score a goal to give them a 1-0 lead. The goal was scored by somebody (not Little Dick). 6th/7th continued to dominate for the remainder of the period but the scored stayed 1-0.

Right from the drop of the puck to open the second period, 6th/7th were on a mission. Andrew "Moog" Smith scored almost imme-

diately to tie the game at 1. Then on the same shift, he netted his second goal of the game to give 6th/7th the lead. Serge Pots scored his first career UC playoff goal to extend the lead to 3-1 and 6th/7th never looked back. Kris Koskela, who led the team in goals during the regular season, scored his first playoff goal of the 2000 campaign to give 6th/7th a commanding 4-1 lead heading into the third period.

The third period proved to be no different from the second as John Poochie (yes, the rockin' dog) scored to make it 5-1 for the division champion team of 6th/7th. At this point it was getting ridiculous. Then somebody scored for 8th/9th (also not Little Dick) to make it 5-2. Poochie added his second goal of the game to make it 6-2, to the joy of his puck-bunny fans (better known as the Sudbury Wolves).

Serge Pots got hammered by Zippy, which was pretty funny because Zippy is the only guy in the league who is actually smaller than

Pots. We all laughed at him.

Then a miracle happened. Offensive liability Brian Fraser actually got a point! I know, it's hard to believe but its true. He was involved in a brilliant give-and-go play with Darryl Boynton that resulted in Boynton scoring to make it 7-2 for the good guys. The point was Fraser's first in his 15 game career. The final horn sounded and 6th/7th had won the game 7-2 and had earned themselves a spot in Monday's championship game, where the refs sucked and they lost. It was brutal.

6th/7th says goodbye to 4 veterans who played their last game in the Finals on Monday night. All four players made the All-Star game to be played on Friday. Those individuals helped this team come together and mold into the division champions of 2000. Kris Koskela, Buttah Reniers, Kylie Bilz, and Adam "weak link of the team but somehow still made that all-star team" Willemse all had great careers and will turn a few heads during this weeks All-Star game.

BODY BONUS

Snoring: The Noisy Truth

by Emily Roback
staff writer

It was the night before Christmas. All was quiet. All was at rest until... someone starts to snore beside you. "Here we go again!" you say to yourself. You could try the old fashion trick of sticking a nice, clean, folded sock in your sweetheart's mouth and presto! The noise is gone. Maybe that is not such a good idea! I don't think your sleepy friend would enjoy choking on a piece of sock while in a deep sleep. We often puzzle ourselves with the same question. "Why do some people snore whereas others do not seem to?" Today, modern medical science has discovered alternative ways to help quieting the person snoring next to you and by letting you get some sleep.

The noisy sounds of snoring occur when there is an obstruction to the free flow of air through the passages at the back of the mouth and nose. This collapsible part of the airway is where the tongue and upper throat meet the soft palate and uvula (the fleshy structure that dangles from the roof of the mouth back into the throat). When these two structures strike against each other and vibrate while breathing, snoring happens. The muscles of the palate, the uvula, and sometimes the tonsils relax during a deep sleep, and act as vibrating noise-makers when the air of breath-

ing moves across them.

Snoring and sleep apnea are both classified as the same sleep disorder, but only differ in severity. On the lower end of the spectrum, there are those who snore without difficulty. On the other end, however, are those who stop breathing and wake up gasping and choking a number of times through out the night. In this case, the person would be experiencing sleep apnea. Several experts say that sleep apnea can be fatal if the episodes last over ten seconds and occur more than seven times an hour. Here, the brain would stop functioning properly due to lack of oxygen, which would then cause a failure to signal the lungs to breathe. Furthermore, both snoring and sleep apnea have been associated with development of hypertension, high blood pressure, increased risk of heart attack, stroke — even traffic accidents.

Difficulties in breathing arise from several factors. First, poor muscle tone (lack of tightness) in the muscles of the tongue and throat causes the tongue to fall backwards into the airway or allow the throat muscles to be drawn in from the sides into the airway. Secondly, having large tonsils and adenoids can also play an active role in adding excessive bulkiness of tissues in the throat to minimize the size of the opening for air to travel through. A long uvula and palate has also been known to

make snoring worst, since it has the tendency to narrow the opening from the nose into the throat. Snoring can even occur in persons who have a hard time breathing through the nose properly especially when having a cold or sinus infection.

Unfortunately, there is no magic pill to cure snoring. However, there are several treatments on the market today that can help the majority of the people who snore. Some the treatments include: laser surgery such as in cutting back on some of the excess throat tissue; dental appliances to bring the lower jaw forward; unpleasant sensations (tennis ball sewed to back of the pajamas to force the person to sleep on the side); daily exercises to improve good muscle tone and lose weight; and C.P.A.P (Continuous Positive Airway Pressure). CPAP is a small machine that blows air into the nose through a nasal mask to keep the airway from collapsing while sleeping.

To tell you the truth, I honestly do believe that everyone snores. The only difference is that some are more prone to be louder than others. You can deny it all you want since it is something that most people don't want to admit. It is no secret. You can run, but can't hide. Santa knows everything about you and your noisy truth! He knows when you have been bad or good — thanks to snoring he also knows when you are awake!

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Athletes of the Week

Male Athlete of the Week

Dwayne Burton of the Laurentian Voyageurs men's basketball team was named Pat & Mario's Male Athlete of the Week. Burton, a Toronto native, was the brightspot for the Voyageurs this past weekend as they were defeated 76-53 by the rival York Ycomen.

Dwayne posted 10 points, 3 rebounds, 2 assists and added 2 blocked shots while playing 33 minutes in the losing effort. Dwayne is a 4th year Economics student and one of the key veterans who provides leadership to men's program.

The Voyageurs closed out the first half of the season with a record of 2-5 and next see action at the Winnipeg Wesmen classic before resuming their regular season schedule, January 5, 2001, against the same York squad.

Female Athlete of the Week

Sudbury native, Clare Beatty, captured the Pat & Mario's Female Athlete of the Week honours this week for her contributions in Laurentian's 74-57 win over the York Ycowomen. The win extends the Lady Vees record to a perfect 7-0 regular season record.

Beatty, a 3rd year Environmental Science student, poured in 17 points on 7 for 13 shooting and hauled in 6 rebounds in the win as Laurentian kept their spot atop the OUA East division standings.

Beatty and the rest of the Voyageur's will travel out to the Maritimes to compete in the St. Mary's Huskies Holiday Invitational before returning home to face the same York team.

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